

Food and Fun Programme 2024 - Impact Infographic

## **Headline Figures**



# The programme's impact on children

What have children most enjoyed?	How has it made them feel about being active and healthier?	What did children highlight are the wider benefits to them?
<ul> <li>Sports and activities</li> <li>The food</li> <li>Arts and crafts</li> <li>Making new friends</li> <li>Taking part in tennis</li> </ul>	<ul> <li>'I've enjoyed getting out of the house'.</li> <li>Less screen time</li> <li>'I'm active here than I am at home'.</li> <li>'The school gives us more space to move'.</li> <li>'The food is really healthy'.</li> <li>'I love being outside'.</li> </ul>	<ul> <li>Increased confidence</li> <li>Socialising with others</li> <li>Being in the comprehensive school and increased familiarity.</li> <li>Making new friends and seeing school friends through the summer.</li> <li>Being able to express themselves</li> </ul>





#### The programme's impact on children











# The programme's impact on parents

Opportunity for their children to make new friends.

Free healthy breakfast and lunch reduces cost of the summer holidays.

Being able to work, without the programme many would not be able to. It provides great balance for parents.

Children come home fed and exhausted.

It's important for children to socialise with different age groups.

The scheme provides routine.

"It helps to keep them mentally stimulated so when they go back to school it isn't so much of a shock".









## The programme's impact on staff





