

Pen Picture A

A is a gentleman that lives in a bungalow with support staff available 24 hours. Previous to that he lived at home with his parents.

A has a learning disability and a diagnosis of down syndrome and uses a wheelchair. A makes decisions and choices on a daily basis, he can have memory difficulties and requires prompts such as visual aids, notes, and rotas to support/maintain his independence. It is important to him that he can live an active life and is fully involved in decisions around his life.

He is a very friendly man who is quite easy to get on with and has a wicked sense of humour. He can find it hard to talk to people that he doesn't know very well but enjoys meeting new people.

He has strong links with his family who he sees on a regular basis; his parents who live fairly near and his two sisters. He has a keen interest in sport in particular Rugby, Football and Wrestling.

He enjoys fishing, rugby, wrestling, CD's and DVD's, arts and craft, cinema outings, tennis, shopping, socialising and meals out. He has his own vehicle which his support staff have access to.

He receives My Day My Life support sessions has four times a week. Staff go to his bungalow and then he will decide what activities he wants to participate in. He recently had a new electric wheelchair, so staff have been assisting him to get used to this and going out in the community.

MDML staff support him to do the things which are important to him. He enjoys art and crafts and has done some lovely artwork, especially on canvas which he has given as presents to his family and the nurses that visit him. He has quite a few on display in his home.

He likes to go over to the local community garden and meet with others mostly for the chat and a bit of gardening.

Staff also assist him in preparing his lunch, sometime going to get something up town and then bringing it back to prepare, he also likes to bake, and his cakes are well received.

He likes to go out for coffee and meeting up with others for lunch. He likes to visit his one friend who lives on a farm and visits to see his parents. He also enjoys going to the cinema to see the new films especially superhero ones and enjoys having lunch out.

A enjoys going on holidays and has a special holiday booked for later this year to celebrate a special birthday.

Pen Picture D

D is a gentleman that lives with one of his parents. It is especially important for him to remain living at home. D has a learning disability

D is a very able, sociable, and helpful gentleman and enjoys meeting up with his friends, especially his one friend that lives in another town, approx. 10 miles away. My Day My Life staff arrange with him and his friend to meet up every other week in various locations for lunch and a catch up which is important for both of them.

He is currently supported to go to the gym where he has grown in confidence with using the equipment and enjoys the regular exercise to assist in keeping control of his weight and feeling better in himself. He also likes interacting with the staff who have got to know him there, talking with them about sport and his favourite football team Manchester United.

D enjoys watching rugby wrestling, darts, and snooker on the TV as well as football and MDML staff are working with him to attend one of these events.

D also goes to Mardy Park with My Day My Life support staff once a week to join in a community gardening project, the morning session is participating in craft, woodwork, gardening, he then has lunch with his friends at the café and then goes down into the potting sheds and garden for the afternoon session. The interaction with different friends that D knows and new ones that he has made since attending is important to him.

D goes to community education art class on a Thursday and enjoys assisting with making the tea during the break and making some lovely art pieces which he is very proud of. Support staff from The Individual Support Service support him to attend.

D also enjoys going on supported holidays and it is usually arranged that he goes with his one friend. D always comes back with lots of lovely stories and recently purchased a camera so he can have even more lasting memories of his adventures.

My Day My Life staff have worked with D to purchase items he has identified that he wants, a new television for his bedroom, as he loves watching soaps, clothes to go on holidays and a mobile phone so he is able to call his friends. He requested to go to the barber shop for haircuts and now goes regularly and has the full works which he thoroughly enjoys and the interaction with the barbers.