

APPENDIX B - MonLife Delivery Plan : Monmouthshire Sport Development 2022-2023

Service / Activity Area Description; Monmouthshire Sport Development (Education, Community and Leisure provision) – impact and project delivery

Key Partners & Stakeholders; Sport Wales, Monmouthshire County Council, Newport Live, Newport City Council, Blaenau Gwent CBC, Aneurin Leisure, Caerphilly CBC, Torfaen CBC, Torfaen Leisure, Welsh Government, MonLeisure (Leisure Services), Education, Health (Aneurin Bevan Health Board), Healthy Schools Network, Youth Service, Outdoor Education, Disability Sport Wales, National Governing Body's, Housing Associations, Town Councils, Office of the Police & Crime Commissioner for Gwent, 3rd Sector organisations.

Links to Key Policy and Documents; MonLife Service Improvement Plan 2019-22, MonLife Business Plan 2019-23, Links with MonLife Leisure Services and GP Referral Delivery Plan / [Monmouthshire Local Sport Plan \(2019-20\)](#) / [Sport Development Delivery Overview](#) / [Active Gwent 2018 Report](#).

Other Background; This document covers the project and programme delivery as set by Monmouthshire Sport Development. All targeted interventions are measured through qualitative and quantitative data reported quarterly back through Active Gwent and in line with Sport Wales national measures, as well as local wellbeing objectives.

MonLife Delivery Plan: *Monmouthshire Sport Development*

Creating a range of inclusive sport and physical activity opportunities, for all ages, to contribute towards *Creating an Active and Healthy Monmouthshire*.
Our targeted intervention across Education, Community and Leisure provision provides the platform for all individuals to thrive through regular physical activity.

Description of Activity / Scheme / Project	Lead <i>Inc. delivery partners</i>	Times cale	Status <i>Quarterly updates in italics: Including changes to plans / actions</i>	RAG	Targets and Measures <i>KPIs / other measures – targets and performance</i>	Finance <i>Source / Performance against targets or costs</i>	Priority category <i>which target category it relates to.</i>
Foundation & Participation (HOS)							
<u>Start4Life</u>	Sports dev Early Years / Flying Start /		1. <i>Pre School Physical Literacy Project (Q1-Q4)</i> 2. <i>TMG Tots Leisure Provision (Q1-Q4)</i>		1. <i>Training for 33 settings and 6 receiving support.</i>		

<p>Embedding inclusive sport, physical activity and fundamental skill development from an early age (first 1000 days).</p>	<p>Healthy Schools Network</p>	<p>2022-2023</p>	<ol style="list-style-type: none"> 3. Engage partners such as Flying Start. (Q1, Q2) 4. Early Intervention and Support aquatics experiences for under 5's (Q1-Q4) 		<ol style="list-style-type: none"> 2. Each Site to have at least one TMG Tots Provision. 3. 2 partners engaged as a target for success. 4. Funded family swim sessions 		<p>Community clubs</p>
<p><u>Skills4Life Participation</u> Providing inclusive sport and physical activity opportunities for children and young people age 3-18 years old.</p>	<p>Sport Dev Team</p>	<p>2022-2023</p>	<ol style="list-style-type: none"> 1. Primary School Curriculum Support (Q1-Q4) 2. Primary School Festival Provision (Q1-Q4) 3. Primary School Health Interventions (Q1 and Q2) 4. Leisure TMG and Supporting Camp Provision (Q1-Q4) 5. Inclusive and Relevant secondary school provision (Q1-Q4) 6. User Satisfaction tools, create ways to gather and evaluate feedback (Q1-Q4) 		<ol style="list-style-type: none"> 1. AWR Primary Delivery. 2. 3,500 attendances estimated 3. Ysgol Y Finn Wellbeing Project 4. Estimated 4,000 attendances. 5. Estimated 10,000 attendances. 6. Ongoing Engagement and Evaluation of provision. 		<p>Leadership</p>
<p><u>Skills4Life Education</u> Providing leadership and development opportunities for children and young people.</p>	<p>Sport Dev Team</p>	<p>2022-2023</p>	<ol style="list-style-type: none"> 1. YA and School Based Leadership programmes (Q1-Q4) 2. Sports Leaders UK Primary Provision – Playmaker Award (Q2-Q4) 3. Secondary School Leadership Academies (Q1-Q4). 		<ol style="list-style-type: none"> 1. Wider rollout to 6 schools 2. Les Mills, Wellbeing Weeks, YA Activity Challenge. 3. Delivery To All Year 5 Pupils in the Playmaker Award. 4. Continued support and impact for 110 young people. 		<p>Leadership</p>
<p><u>Sport4Life Volunteering</u> Providing inclusive and engaging volunteer opportunities for young people involved in our leadership pathway</p>	<p>Sport Dev Team</p>	<p>2022-2023</p>	<ol style="list-style-type: none"> 1. Support for volunteers based on the Volunteer Kinetic Management System (Q1-Q4) 2. Sports Leaders UK Secondary Provision – I Can Lead Course (Q1-Q4) 3. NGB Training Courses and Support of a complete pathway – NGB Development Session (Q2) and Leadership Conference (Q3) 		<ol style="list-style-type: none"> 1. All Active volunteers to have a profile and actively recording hours through the system. 2. 100 young People to receive the training. 3. 100 Young People to be upskilled through the 		<p>Leadership and aquatics</p>

					secondary school leadership conference.		
Health and Wellbeing Specific Projects	Sport Dev Team	2022-2023	<ol style="list-style-type: none"> 1. Links with Health Board 'Connect' Project. 2. Monmouthshire Games LAC, FSM and funded provision. 		<ol style="list-style-type: none"> 1. Development of a referral programme linked to children's weight management. 2. Continue to provide access to TMG for some of the most vulnerable children in Monmouthshire. 		Community Clubs
Progression & Performance (SP)							
Playmaker Conference and Community Club Engagement	Sport Dev Team	2022-2023	Through our playmaker conferences we will ensure exit routes are formed for sustained participation after the event has taken place. Links to community provision to be made clear through delivery on each day. (Q1)		Provide a positive experience on the day for 914 young people attending and measure impact through NGB registrations.		Community Clubs
MonSport Festival Provision and Community Club Engagement	Sport Development Team	2022-2023	Delivery of a full cluster and Monmouthshire wide festival provision for Football, Netball, Cross Country and Cluster specific offers (Q1-Q4)		Target of 30 schools (all primary) engaged in at least one festival.		Leadership and Community clubs
Aquatics participation	Mark Jones	2022-2023	Creating, supporting and increasing participation in aquatics. (Q1-Q4)		Target of increasing the participation across all elements of aquatics. Providing a diverse program so there is something for everyone.		Aquatics
Running In Monmouthshire – Support Social Running Opportunities	Sport Dev Team	2022-2023	Running in Monmouthshire. A focus placed on supporting social running groups and developing community based opportunities, such as parkrun's. (Q1-Q4).		Increase uptake in social running group membership and current parkrun attendances. Develop new parkrun's if the opportunity is there 500 target.		Community clubs
Junior Triathlon Development (primary and secondary)	Sport Dev Team	2022-2023	Partnership work to develop triathlon opportunities across the authority for children age 8-16 years old. (Q1 - Q2)		Delivered in partnership with Monmouthshire Youth Service (refer to their plan for full details) and Cantref Primary		Community Clubs and aquatics

					School we have a target of 600 participations.		
Support More Able & Talented (MAT) Young People Through MonLeisure Elite Pathway	Sport Dev Team	2022-2023	<i>Promotion and engagement with MAT young people to make them aware of the MonLeisure Elite pathway scheme to support their development.</i>		<i>A target of supporting at least 5 young people this financial year through the elite pathway.</i>		Community Clubs
Be Active Wales/Crowd funding	Sport Dev Team	2022-2023	<i>Through coach education and project / equipment support our club bursary scheme aims to provide a localised opportunity for club funding. All with a focus of building stronger and more resilient community sport clubs.</i>		<i>A target of 6 clubs to be supported and 10 individuals through coach education funding has been set to measure impact.</i>		Community Clubs
MonSport Club / NGB Engagement Sessions	Sport Dev Team	2022-2023	<i>Regular club engagement sessions and an NGB specific day will ensure a complete pathway from education, leisure and community provision for young people in Monmouthshire. (Q1-4)</i>		<i>Ongoing club engagement and support through coach education (such as safeguarding) if required.</i> <i>Deliver a NGB presentation in Monmouthshire will all are invited to attend. (Q2)</i>		Community Clubs
Health, Communities & Inclusion (TI)							
<u>Women and Girls Participation</u> Girls Stronger Ladies Stronger Women & Wellbeing		2022-2023	<i>Continue to develop a suite of opportunities for women and girls to engage in Sport and Physical Activity.</i> <i>These include Dance & Gymnastics Camps at Abergavenny, Zumba Sessions at Caldicot, 5x60 Provision at Chepstow and 'Ladies Stronger Together' in the south of the authority. (Q1-Q4).</i>		<i>Girls Stronger Target – 10 secondary school pupils engaged.</i> <i>Ladies Stronger Target – 15 Women.</i> <i>Women & Wellbeing Target – 40 women engaged.</i> <i>Dance & Gymnastics Target – 10 workshops (160 attendances).</i> <i>Target of 100 girls new to the sport across all interventions and accessing community clubs.</i>		Community Clubs and Active 60
<u>Active 60</u>	Sports Dev team	2022-2023	<i>Increase and maximise the reach of this program. and exceeding the minimum criteria.</i>		<i>Targets;</i>		Active 60 and aquatics

					Increase participation for over 60s across 4 leisure centres. Create a range of activities such as dance, fitness, football, swimming and rugby		
<u>BAME Inclusion</u> Carrom Development	Mark Foster Sport Dev Team	2022-2023	Promote cultural diversity to the children of Monmouthshire by introducing the cultural board game of Carrom.		Targets 10 Primary Schools 4 TMG Sites 6 Youth Settings 5 Care Homes 5 Community Spaces		
<u>insport Club</u> Support clubs in developing their own provision that includes disabled people. Providing inclusive and disability specific physical activity and sporting opportunities across Monmouthshire.	Sport Dev Team	2022-2023	Continue the development of inclusive opportunities across Leisure provision, community sport clubs and wider MonLife services. (Q1-Q4).		<ol style="list-style-type: none"> 1. Maintaining and engaging with the 16 current insport accredited clubs. 2. Increase insport accredited clubs by 8, 2 in each cluster. 3. Community sport clubs on the insport journey will be measured continually with a target of 20 clubs. 		Community Clubs
<u>insport Development - GOLD</u> Ensure that disabled people are naturally part the LA's thinking; in preparation and planning, delivery and implementation, and review and refinement. At this stage, it should not be a series of separate steps that you take, but an interlinked, holistic and flowing part of your working life, that of your colleagues,		2022-2023	<p>A commitment to working towards the Disability Sport Wales insport Development GOLD accreditation across MonLife Services.</p> <p>Please refer to the 'insport Development – GOLD' document on the left hand side for further information.</p>		<p>Develop strategic stakeholder engagement with:-</p> <ol style="list-style-type: none"> 1. Education. 2. Health. 3. Social Services. 4. MonLife Service Areas. 		Community Clubs

and of the general operations of the LA.						
Active Gwent - Disability Sport Wales Boccia Festivals/League ABUHB Health Project Insport Series Visually Impaired Opportunities	Mark Foster AG DSW AG DSW AG DSW AG DSW	2022-2023	<i>A commitment to working as a region to identify need and gaps for specific disability sport pathways</i>		<i>4 Festivals – 1 per Quarter across the Region. Develop Health Project in collaboration with ABUHB. 3 Mass participation Events – 1 per ABUHB Children’s Centre’s.</i>	Community Clubs
Positive Futures – Divisionary Activities Friday Night Projects – Reduce ASB	Mark Foster Mark Foster	2022-2023	<i>Our Friday night projects continue to engage with young people, provide a safe place for them to go and use sport as a tool for engagement.</i> <i>Abergavenny and Caldicot provision to be continued with Monmouth and Chepstow provision starting in April 2020 (Q1-Q4).</i>		<i>Measurement of attendances and impact in line with previous year’s provision.</i> <i>% of young people on the ASB strike list to be monitored against attendance in provision to ensure it is impactful and fit for purpose.</i>	Community Clubs
Positive Futures – Alternative Education Early Intervention SHIFT RE-ENGAGE	Mark Foster	2022-2023	<i>The MonLife Positive Futures Alternative Education Provision comprises of 3 delivery models; Early Intervention for Years 1 - 5, SHIFT for Years 6 - 13, and RE-ENGAGE which has 3 pathways; Additional Learning Needs (ALN), Pupil Referral Service (PRS)/Schools and Social Care and Health.</i>		<i>The target of young people will be related to the level of PPEYP funding received.</i> <i>A target of 22 Year 6 pupils to be supported through the Shift Project.</i>	Community Clubs

					Pilot & Develop the RE-ENGAGE Alternative Education Provision in collaboration with ALN.		
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Key Performance Indicators *(include all MonLife indicators in the Service Plan “owned” by the team / activity area)*

Section	Indicator	Target	Actual Q1	Actual Q2	Actual Q3	Actual Q4	Comment
Leisure	insport Accreditation (Disability Sports Wales)	Gold					Continue to work towards data capture and service improvement with a future application to be submitted to present for Gold.
Leisure	Number of community sports clubs achieving insport accreditation	20					Annual Measurement
Leisure	Number of young people trained in the Playmaker Award	900					Quarterly Measurement – Main delivery during Q2 and Q3.
Leisure	Number of young people hooked on sport	75% - By 2026					Young person engagement measures to be captured during interim years. Next full capture 2021.

Risks *(include all MonLife risks in the Service Plan “owned” by the team / activity area)*

Risk	Reason why identified	Residual Risk Level (Pre – mitigation)	Planned Mitigation & timescales	Residual Risk Level (Post – mitigation)	Holder	Progress Q1	Progress Q2	Progress Q3	Progress Q4
		Y e L M R . .		Y e L M R . .					